	REDLAND BUSHWALKERS INC. **Activity Sign On/Off Form** Activity Sign On/Off Form **Ver. 3 01-05-09**

Activity		**Type of activity**		**Date**	
Leaders			**Phone No**		

Activity Grading	**Distance**	**Duration**	**Route**	**Terrain**	**Difficulty**	**Fitness**
Insert grading						

Contact Officer		**Phone No**	

As a participant in this Redland Bushwalkers Inc. activity, I hereby acknowledge that this activity carries with it the risk of injury, loss or damage to person or property. I acknowledge that I am undertaking this activity at my own risk and that there may not be any person with First Aid or medical experience on this activity.

One name per line **(Use second sheet if required)**

Name	**Mem. No**	**Sign on**	**Sign off**	**Club fees**	**Other costs**

On completion of activity all completed forms to be returned to

☐ Outings Officer ☐ Database Officer ☐ Secretary